

Mouth and Skin Care SKILL

-
- f It is important to keep the skin around the feeding tube stoma site clean and dry. After a gastric button or long tube is inserted, there may be a small amount of redness or yellowish fluid around the new stoma site.
 - f The fluid will dry and crust around the site.
 - f Clean around the stoma with mild soap and water, and apply a small gauze dressing with a “Y” cut into the center to allow the gauze to sit around the tube. Use a dressing for the first 2 to 3 days and then remove. Clean around the stoma after that while bathing, and do not use lotions, ointments, or creams on the skin.
 - f Rotate the gastric button or tube after cleaning the skin to prevent skin breakdown due to pressure.
 - f If you have had a PEG or PGJ procedure, there may be a dressing on the site. It is often left in place for one or two days. If the site is healed, remove the dressing. Clean the site once a day with soap and water, and keep the site dry.
 - f You should not attempt to rotate the tube with a PEG or PGJ insertion because it is stitched (sutured) in place.